

Joy comes in the Morning

Psalm 30: 1-12

There is little debate that David was the author of this psalm, but the circumstances surrounding it are less certain. Some believe it was written for the dedication of the house of David. Others believe it better fits the return of the ark to Jerusalem. Some even think it was likely written in relation to the purchase of the threshing-floor where the plague was stayed, brought about by David's sin in numbering the people. While we can't know for certain, it does reveal the heart of David and his interaction with the Lord. There is also a clearly prophetic word regarding the future of Israel, as they are restored before the Lord.

You may not be familiar with the entire psalm, but most of us are likely familiar with the latter portion of [verse 5 – weeping may endure for a night, but joy cometh in the morning](#). As we examine the [details](#) of this psalm, I want to borrow from David's reminder that: [Joy comes in the Morning](#).

I. The Praise of David (1-5) – In the opening thoughts of this psalm, David offers praise unto the Lord for His many blessings. He was mindful of:

A. God's Help (1) – [I will extol thee, O LORD; for thou hast lifted me up, and hast not made my foes to rejoice over me](#). God had been faithful to help David and give him victory over his enemies. God had provided him a place of safety, peace, and prosperity. David knew if the Lord had not helped him, he would never have survived the many attacks he was forced to endure.

B. God's Healing (2-3) – [O LORD my God, I cried unto thee, and thou hast healed me.](#) ^[3] [O LORD, thou hast brought up my soul from the grave: thou hast kept me alive, that I should not go down to the pit](#). David also praised God for the healing he had received. It is evident that David rejoiced for physical healing, but it also appears that David rejoiced for spiritual healing as well. God had brought his soul up from the grave and kept him alive. Now that could apply to being delivered from death, but David knew he was secure in the Lord and rejoiced for his salvation.

C. God's Holiness (4) – [Sing unto the LORD, O ye saints of his, and give thanks at the remembrance of his holiness](#). While we are uncertain of the particular events surrounding this psalm, either of the scenarios we discussed would have revealed the holiness and deity of God. David was well aware of the God he served, and he challenged the people to give thanks as they remembered the holiness of the Lord. Genuine worship is always mindful of God's holiness.

D. God's Hope (5) – *For his anger endureth but a moment; in his favour is life: weeping may endure for a night, but joy cometh in the morning.* David had endured a season where he experienced the anger of God, but was thankful it lasted only a moment. Rather than rendering the judgment David deserved, God offered gracious favor. His moment of turmoil had brought weeping in the night, but great joy had come with the morning.

- This is a beautiful reminder of the grace of God that is offered to undeserving sinners. I am glad He withheld the judgment I deserved and offered grace. He is my hope and my life. The struggles we face here may endure for the night, but joy will come in the morning as we enter His glorious presence to spend that one, eternal day with Him!

II. The Pride of David (6-7) – Here we discover the open and humble heart of David as he admits a season of pride in his life. He mentioned:

A. His Arrogance (6) – *And in my prosperity I said, I shall never be moved.* Likely David is referring to a moment in his life when he felt as if he could never fall. Life was good; he enjoyed great prosperity, and felt as if nothing would ever change. He had gotten to the place that he was depending on his abilities and assets rather than the Lord.

- We may not like to admit it, but I am sure we have all been in a similar situation, feeling as if we had everything worked out and nothing could alter our course. We were trying to live life on our own terms, according to our own abilities. This is a dangerous place to be, especially for those who seek to follow the Lord. *Prov.16:18 – Pride goeth before destruction, and an haughty spirit before a fall.* *1 Cor.10:12 – Wherefore let him that thinketh he standeth take heed lest he fall.*

B. His Admission (7) – *LORD, by thy favour thou hast made my mountain to stand strong: thou didst hide thy face, and I was troubled.* Having realized the sin of his pride, David admitted the grace and provision of God. He came to the conclusion that his efforts had brought nothing but despair. God alone had held things together when David arrogantly assumed he was in control. By His grace, God had prevented David's utter demise. When he came to the realization that he was walking apart from the Lord, standing in his own efforts, David was terrified and repented.

- This is our only recourse for sinful pride. We must repent of our arrogance and rebellion, seeking the grace and favor of God. Apart from Him we are nothing. I have no desire to stand within my own wisdom and strength.

III. The Prayer of David (8-10) – Following his foolish acts of pride, David called out unto the Lord in prayer. Notice:

A. His Request (8) – *I cried to thee, O LORD; and unto the LORD I made supplication.* Having realized his error, David cried out unto the Lord, making supplication unto Him. Wisely, David made his request unto the only one who had the ability to provide for him. He knew God was the source of his blessing, wisdom, and strength. He no longer desired to walk alone, but sought the Lord in his time of need.

B. His Reasoning (9) – *What profit is there in my blood, when I go down to the pit? Shall the dust praise thee? shall it declare thy truth?* In an effort to appeal to God's abundant grace, David offered a suggestion – what good would it do to kill me for my sin? If I am dead, I cannot praise you or share your truth. Although he was guilty, he is pleading for mercy.

C. His Reliance (10) – *Hear, O LORD, and have mercy upon me: LORD, be thou my helper.* David continues to plead for mercy while admitting his great need for the Lord. He admits that he had sinned and was unable to make provision for his many needs alone. He confesses to God that he needs his mighty hand within his life. He is saying – God I can't, but you can. Please respond to my plea and help in my situation.

- While his sin had brought him to a place of great concern, David now stands in a wonderful place. He has confessed his sin before the Lord, repented of His pride, and acknowledged his great need for the Lord. This paints a beautiful picture of salvation. This is exactly how we must come before the Lord as we respond to His call for salvation. Following our conversion, there are times when we will have to come before the Lord as David did, confessing our sin and admitting our need for the Lord's provision and grace.

IV. The Provision for David (11-12) – As he closes this great psalm, David reveals the great provision he received from the Lord. He revealed that:

A. His Situation was Altered (11) – *Thou hast turned for me my mourning into dancing: thou hast put off my sackcloth, and girded me with gladness.* True to His nature, God had responded favorably to David's repentant spirit and heartfelt prayer. His time of grief had turned into a season of rejoicing. He no longer was clothed in garments of agony, but was girded with gladness in the Lord. Joy truly had come in the morning for David.

- It is good to know we serve one who is mindful of our needs, and willing to provide when we come before Him with a sincere heart. Like David, we cannot change our circumstances, but the Lord can. He has the power and the resources to bring profitable change to your life if you will bring your needs before Him.

B. His Spirit was Renewed (12) – [To the end that my glory may sing praise to thee, and not be silent.](#)
[O LORD my God, I will give thanks unto thee for ever.](#) David no longer dwelt in misery and despair. The Lord had responded to his need and his spirit was renewed. Such blessing prompted immediate and lasting praise unto the Lord. David was so moved by what the Lord had done for him, that he was compelled to break forth in a song of praise.

- Aren't you glad for those times when the Lord has stepped in and altered your situation, bringing complete victory for you? Surely such provision and grace will prompt an attitude of praise. It is hard to remain discouraged and defeated when the Lord moves mightily in the midst of your need, bringing the change you so desperately needed. We should be willing to offer immediate and continual praise for the blessings we have received.

Conclusion: It is good to read of others who have faced great adversity and yet been delivered through the grace and provision of the Lord. You may be in the midst of a dark and difficult night, but there is hope for joy to come in the morning. If you are like David, facing a season of difficulty due to sin and rebellion, I urge you to bring that before the Lord and confess it. He is ready to offer grace and restore you, but you must be willing to admit your need. Maybe you are struggling, and unaware of any unconfessed sin. Bring your need to the Lord. He cares and wants to help you. If you are unsaved, I urge you to come before the Lord in repentance and faith, responding to His offer of salvation.